

We invite you to the training section of rowing!!!



Rower trainer: Mariusz Stańczuk
e-mail: stanczuktrener@gmail.com
mariusz.stanczuk@uj.edu.pl
mobile phone: 605586898

- Rowing National Team of Poland: 2001-2015
- World Champion in rowing 2012, Plovdiv
- Graduated from Physical Education Academy and post-graduate studies: Sport manager, in Warsaw.
- Personal trainer, instructor TRX, Indoor Cycling, Body Pump, CXWORX (Les Mills);



In the summer we train in the afternoon, marina AZS AWF
Kraków, street Kościuszki 38:

Tuesday	Thursday
16:00-18:00	16:00-18:00

In winter training starts in the evening at the gym, street Pi-
astowskiej 26:

Tuesday	Thursday
18:00-20:00	18:00-20:00



We invite you!!!